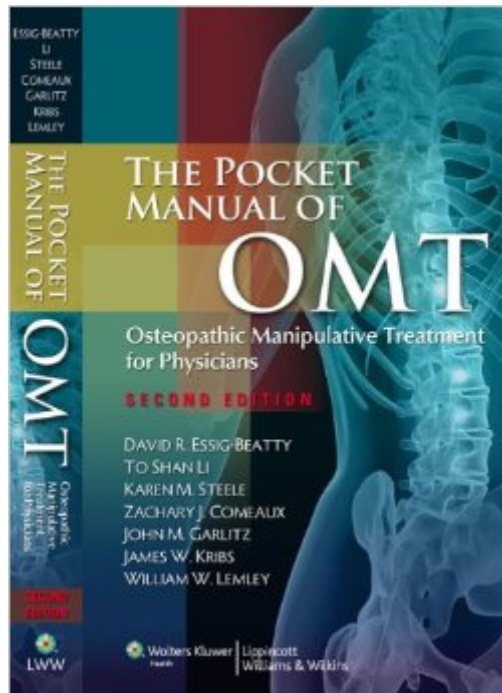


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# The Pocket Manual Of OMT: Osteopathic Manipulative Treatment For Physicians



## Synopsis

The Pocket Manual of OMT is a practical, concise clinical reference for physicians and osteopathic medical students learning and using manipulative diagnosis and treatment techniques. The book's organization by body region enables readers to select appropriate treatments for specific diseases. For each technique, the book provides indications, contraindications, a stepwise description, and a photograph. This edition presents 43 new techniques, including seated facet release and inherent motion diagnosis and treatment techniques. Updated and expanded descriptions of osteopathic principles are complemented by new illustrations and clinical correlations. Exercises that clinicians can prescribe to patients appear after the appropriate treatments. A companion website offers the fully searchable text; online case studies with COMLEX-style multiple-choice questions for each chapter; and 250 instructional technique videos.

## Book Information

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## Customer Reviews

The West Virginia School has, over a few editions, made one of the most useful and portable books of Osteopathic Techniques available today. The approach is by body region, which is pretty much what most practitioners do, and gives the range of direct and indirect treatments for each body region. In addition, the exercises are most useful in helping patients (and sometimes the practitioners themselves) maintain the joint and muscle motion achieved by the Osteopathic treatments. Very useful, handy to carry around, well organized and documentation, especially the charts on sacral dysfunctions, are extremely useful.

This book is simply amazing. It breaks down every region (cervicals, thoracic, lumbar, pelvis, etc) by how to diagnose somatic dysfunction and the most common treatments. Its very easy to read. A great pocket book to have in the office and during rotations. I highly recommend it. This is the BEST omt tretment/techniques book that I've seen.

This book is a must have for the Osteopathic Medical student. It's small enough to fit in your lab coat pocket and yet complete in the way it describes the techniques. Counterpoint, myofascial release, bioenergy, and many other treatments are covered concisely and many have pictures of the techniques. I recommend this book to anyone in Osteopathic medicine.

I would consider this book to be "OK". It has enough information in it that someone familiar with OMT would probably be able to do most of the techniques presented. That being said, most descriptions of the techniques are grossly oversimplified, to the point of not being helpful. I realize the book is supposed to be a pocket manual, but it sacrifices too much clarity for the sake of brevity in my opinion. There are also errors in the text. More than once in lab, individuals who are listed authors of this text have amended charts and the directions for how to perform techniques. There were at least two mistakes to the chart that lists the sympathetic and parasympathetic spinal innervation, a mistake in a rib counterstrain technique, and a mistake in cervical counterstrain. Some topics like cranial manipulation, are admittedly difficult to describe in a text - however, many of the cranial techniques are described so poorly the section is almost unusable. I have remarked to several of my colleagues that it feels like the authors provide about 75% of the necessary information to do OMT correctly... and if you want the last 25%, you have to rotate with them.

I am a DO. This is a good book for quick reference for positions for tests or in practice, but there is VERY limited explanation text. If you are studying for a written test, this is not a good source. If you in practice and need a reference for physical positions, its better. easier to carry around than Foundations book.

This book was instrumental in preparation for the performance evaluation of the Osteopathic board recertification exam. So glad I bought it....and I passed the exam as well.

Great resource for the clerk ship, much of the information within is valuable for the questions your

preceptor will ask you

Great reference

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